

# Dermatology M

PRODUCT  
CATALOGUE 2022

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## ABOUT DERMATOLOGY-M

Dermatology M is an exclusive range of carefully designed topicals and cosmetic skincare creams, ointments, powders, lotions, serums, soaks, suppositories and tinctures, developed by world-renowned Chinese medicine dermatologist Mazin Al-Khafaji.

Mazin is recognised as one of the leading experts in the field of dermatology and Chinese medicine in the west, and for over three and a half decades has treated many thousands of cases including unusual and difficult skin, auto-immune and allergic diseases with great success. He is an authority on the toxicity and authentication of herbs, often cooperating with experts in the field at Kew Gardens, London.

He runs the Skin Clinic and Avicenna Dispensary, a unique traditional Chinese medicine pharmacy where he makes his own products from raw herbs imported directly from trusted suppliers in China. The dispensary, in England, now attracts professional praise and visitors from all over the world, even from Taiwan and China itself!

## FORMULATED TO PROTECT AND CONDITION SKIN

Our topical products are designed for skin conditions including acne, the various forms of eczema, psoriasis, fungal, bacterial, and viral infection, rosacea, and a multitude of other conditions. The majority of such products should be used in addition to internal herbal therapy as an adjunctive therapy or as a way of maintaining stable skin once treatment with herbal medicine is completed.

The cosmetic range includes moisturisers, serums, toners for the face and delicate areas around the eyes & neckline, lip balms, hand, and foot creams as well as body lotions.

Formulated from herbal ingredients known to improve the condition of skin, they are made on our own premises by hand and in small batches only, using organic ingredients wherever possible. Our products do not contain artificial colours or preservatives, petrochemical substances, or steroids.

## PRODUCT WARNINGS

- All products are for external use only - unless stated otherwise.
- Make sure to do a patch test before using any new product. In case of any adverse reaction, discontinue use of product immediately.
- Keep out of reach of children.
- As with all natural products, it is inherent that appearance and consistency may vary. This does not affect the quality of the product.
- Product statements have not been evaluated by the Food and Drug Administration. These products and statements are not intended to diagnose, treat, cure, or prevent disease. Always consult a specialist.
- Some products may contain traces of nuts and seeds. See specific product 'warnings' for more information.



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# Bai Bi Ding

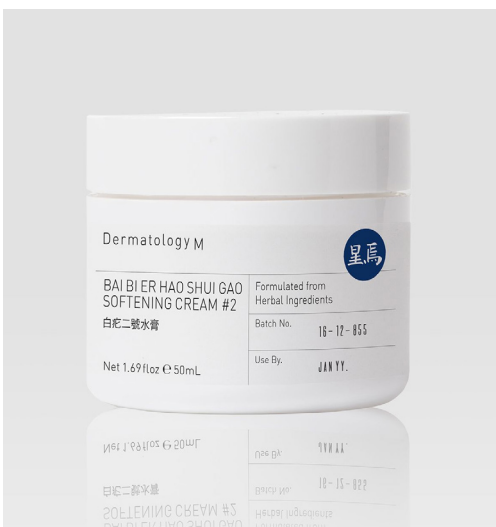
PSO-3, Softening Tincture



Actions	Formulated from herbal ingredients known to clear blood heat, alleviate itching and resolve toxin.
Method of Application	Apply 2-5 times a day.
Extended Functions	Use for all types of psoriasis, primarily of the scalp and face. As with all tinctures, it will have a drying effect on the skin, so it's best to prescribe it along with an emollient such as Bai Bi Er Hao Shui Gao, or Zi Cao Shui Gao (or when used on scalp, with Run Fa Jing You) which should be applied to the skin once the tincture has dried. Use where Bai Bi Gao is cosmetically unacceptable because of the color or difficulty in applying because of body hair.
Combinations	Use with Bai Bi Gao and Bai Bi Shui Gao. For scalp use with Bai Bi Shampoo. If skin becomes dry, use with Run Fa Jing You for scalp or Bai Bi Er Hao Shui Gao for the face.
Warnings	This product's natural coloring may stain. Suitable for vegans. May sting slightly if applied to broken skin.
Size	100ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3534">https://www.kamwo.com/escript/product-info.php?id=3534</a>

# Bai Bi Er Hao Shui Gao

PSO-5, Softening Cream #2



Actions	Formulated from herbal ingredients known to supplement dryness and soothe sensitive skin.
Method of Application	Apply 3-5 times a day.
Extended Functions	Use to moisten the skin in dry blood psoriasis, or final stages of hot blood or damp heat psoriasis once most of the inflammation has cleared. This product can also be used for widespread erythrodermic or unstable psoriasis where very active ointments such as Bai Bi Gao should be avoided or used with caution.
Combinations	Use with Bai Bi Gao, Bai Bi Shui Gao or Bai Bi Ding as appropriate.
Warnings	This product's natural coloring may stain. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3536">https://www.kamwo.com/escript/product-info.php?id=3536</a>

## Bai Bi Gao

PSO-1, Softening Ointment



Actions	Formulated from herbal ingredients known to clear blood heat and resolve toxin.
Method of Application	Apply 1-2 times in a 24-hour period. To enhance absorption of the ointment and protect the bedsheets at night (dark blue in color), once applied occlude the area with Cling Film (Saran Wrap) or similar. If by occluding, the skin becomes irritated discontinue occlusion and only apply the ointment.
Extended Functions	Dermatology M's number one ointment for plaque psoriasis, guttate psoriasis and pustular psoriasis as well as parapsoriasis. In very widespread erythrodermic psoriasis active ointments should be avoided in favour of blander emollients such as Bai Bi Er Hao Shui Gao or Zi Cao Shui Gao.
Combinations	Use Bai Bi Gao at night and Bai Bi Shui Gao in the day.
Warnings	If skin becomes irritated discontinue use. Do not use in erythrodermic or in highly unstable psoriasis. Allergy warning: this product contains sesame seed oil. This product's natural coloring may stain. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3583">https://www.kamwo.com/escript/product-info.php?id=3583</a>

## Bai Bi Shampoo

PSO-4, Softening Shampoo



Actions	Formulated from herbal ingredients known to clear blood heat, alleviate itching, reduce, resolve toxin, and reduce scaling.
Method of Application	Wash hair instead of using other shampoos up to three times per week. Leave on for 5-10 minutes before washing out. Rinse well after use. Normal conditioner can be used afterwards.
Extended Functions	Use for all cases of plaque psoriasis of the scalp and around the ears. Can also be used for intertriginous or inverse psoriasis (face, genital, axilla, sub-mammary etc).
Combinations	May apply Bai Bi Gao or Bai Bi Ding for a few hours first. If skin becomes excessively dry, apply Run Fa Jing You oil overnight after using the shampoo.
Warnings	May contain traces of nuts and seeds. Keep out of reach of children.
Size	200ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3965">https://www.kamwo.com/escript/product-info.php?id=3965</a>

## Bai Bi Shui Gao

PSO-2, Softening Cream



Actions	Formulated from herbal ingredients known to clear blood heat and resolve toxin.
Method of Application	Apply 2-3 times a day.
Extended Functions	Use for all cases of plaque psoriasis, guttate psoriasis and pustular psoriasis.
Combinations	Use Bai Bi Gao at night and Bai Bi Shui Gao in the day.
Warnings	Use with caution in very widespread erythrodermic psoriasis where very active ointments should be avoided in favour of blander emollients such as Bai Bi Er Hao Shui Gao or Zi Cao Shui Gao. Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3537">https://www.kamwo.com/escript/product-info.php?id=3537</a>

## Bai Ji Gao

ECZ-7, Hand Softening Ointment



Actions	Formulated from herbal ingredients to soothe fissured skin and 'generate flesh' of the fingers and hands (fingertip eczema) when the inflammation is less pronounced. If inflammation is more pronounced, (red) use Da Huang Gao.
Method of Application	Apply 2-3 times a day. May occlude the area with Cling Film (Saran Wrap) or similar for stronger effect.
Extended Functions	Can also be used for fissured psoriasis of the fingers and hands.
Combinations	Can use in combination with Run Zu Shui Gao and Da Huang Gao. Use with TSW Lotion if steroid damage is present.
Warnings	May contain traces of nuts and seeds. Ensure to do a patch test before using any new product. In case of adverse reaction, discontinue use of product immediately. Keep out of reach of children.
Size	30ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3898">https://www.kamwo.com/escript/product-info.php?id=3898</a>

## Bi Yan Ling

RIN-I, Nasal Spray



Actions	Formulated from herbal ingredients known to scatter heat & wind, reduce inflammatory allergic response of the skin and mucus membranes, and clear the nasal passages. Use for allergic rhinitis, sinusitis and nasal polyps.
Method of Application	Shake well before use and press once to keep pump working properly. Use 1-2 sprays into each nostril 2-3 times a day.
Extended Functions	Clears nasal passage in all rhinitis, allergic rhinitis, sinusitis and nasal polyps.
Combinations	May alternate use with Cang Er Zi You.
Warnings	Do not exceed recommended daily dose. Do not use during pregnancy, or while breastfeeding. May contain traces of nuts or seeds. Suitable for vegans.
Size	5ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3573">https://www.kamwo.com/escript/product-info.php?id=3573</a>

## Bu Gu Zhi Ding

Bu Gu Zhi Tincture V-2



Actions	Formulated from herbal ingredients known to significantly increase sensitivity to UV light and to activate melanocytes in cases of vitiligo. Only available on special order.
Method of Application	An information sheet will be issued with this product with clear instructions on use and warnings.
Warnings	An information sheet will be issued with this product with clear instructions and warnings.
Size	100ml
Available From	Only available from Avicenna Centre of Chinese Medicine on special order. Contact <a href="mailto:Reception@avicenna.co.uk">Reception@avicenna.co.uk</a>



## Cang Er Zi You

SIN-1, Nose Oil



Actions	Formulated from herbal ingredients known to scatter heat & wind, break up stasis, reduce inflammation and clear the nasal passages.
Method of Application	Start with one drop in each nostril twice a day. If required after one week apply 2 drops to each nostril 2-3 times a day.
Extended Functions	Use for rhinitis, allergic rhinitis, sinusitis and nasal polyps.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	10ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3538">https://www.kamwo.com/escript/product-info.php?id=3538</a>

## Cang Zhu Shui

LICHEN P-2, Calming Lotion



Actions	Formulated from herbal ingredients known to reduce heat and stasis as well as soothe and soften skin.
Method of Application	Apply 2-4 times in a 24 hour period.
Extended Functions	Dermatology M's lotion for genital lichen sclerosis, genital lichen planus & genital lichen simplex. Can oscillate between using TSW Lotion (ECZ-12, TSW Lotion), Huang Lian Gao and Cang Zhu Shui. After application use Zi Cao Shui Gao.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	200ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3899">https://www.kamwo.com/escript/product-info.php?id=3899</a>



## Ce Bai Ye Ding

ALO-I, Enriching Hair Tincture



Actions	Formulated from herbal ingredients known to stimulate hair follicles and promote hair growth, invigorate blood and benefit, microcirculation of the skin in all cases of alopecia.
Method of Application	Apply 2-3 times a day and allow to dry naturally.
Extended Functions	Use for all types of alopecia areata (scalp and body) and early stages of lichen planopilaris, frontal fibrosing alopecia, folliculitis decalvans etc.
Combinations	If skin becomes excessively dry, follow with application of Run Fa Jing You oil overnight.
Warnings	May contain traces of nuts or seeds.
Size	100ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3562">https://www.kamwo.com/escript/product-info.php?id=3562</a>

## Chuan Xian Lian Shui Gao

IMPTGO-2, Skin C



Actions	Formulated from herbal ingredients known to reduce toxic heat. Used for bacterial infection, impetigo, and inflamed skin when the skin is dry. If the infected or inflamed skin is weepy, use Qing Feng San or Qing Dai San first.
Method of Application	Apply 2-5 times a day on infected area.
Extended Functions	Use for inflamed or bacterially infected skin (impetigo), especially when the skin is dry.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. This product's natural coloring may stain. Suitable for vegans. This product is Halal.
Size	30ml
Available From	

# Cu Pao Fang

T-3, Vinegar Soak



Actions	Formulated from herbal ingredients known to dry damp, clear heat and alleviate itching. Use for fungal infection of hands, feet and nails.
Method of Application	Soak affected area for 15-20 minutes, 1-2 times a day. Re-use the liquid pouring back into the bottle each time. Discard after 10 times of use. Use for dry forms of the disease. Use with caution on broken skin, as vinegar will cause stinging.
Extended Functions	Use for fungal disease of the feet and hands (Tinea pedis & manis) when skin is dry and scaly or blistering. If skin is very eroded use a water soak first until the skin is dry before using Cu Pao Fang.
Combinations	Once skin is dry, apply Ti Xuan Gao. For fungal infection of the nail apply Feng Xian Hua Gao.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	500ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3539">https://www.kamwo.com/escript/product-info.php?id=3539</a>



## Da Huang Gao

ECZ-8, Healing Hand Ointment



Actions	Formulated from herbal ingredients to soothe fissured skin and 'generate flesh' of the fingers and hands (fingertip eczema) when the inflammation (redness) is more pronounced. In cases of fissured eczema with less pronounced inflammation use Bai Ji Gao.
Method of Application	Apply 2-3 times a day. May occlude the area with Cling Film (Saran Wrap) or similar for stronger effect.
Extended Functions	Can also be used for fissured psoriasis of the fingers and hands. Can use in combination with Run Zu Shui Gao and Bai Ji Gao. Use with TSW Lotion if skin has been damaged by steroid use.
Combinations	Can use in combination with Run Zu Shui Gao and Bai Ji Gao. Use with TSW Lotion if steroid damage is present.
Warnings	May contain traces of nuts and seeds. Suitable for vegans. This product is Halal.
Size	30ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3900">https://www.kamwo.com/escript/product-info.php?id=3900</a>

## Dian Dao Shui Gao

ACN-3, Pure & Clear Cream

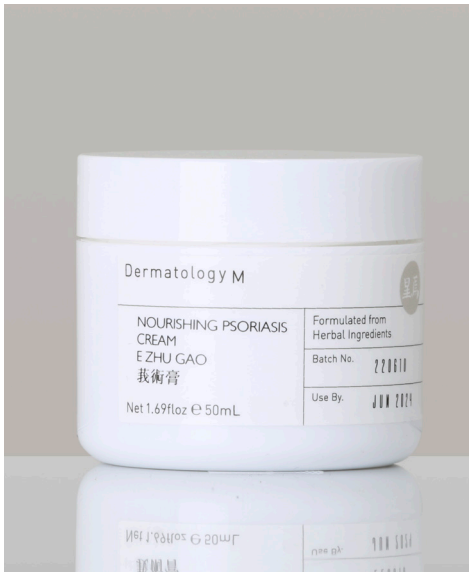


Actions	Formulated from herbal ingredients known to clear heat and resolve toxin. This product is best for combination skin, if the skin is very oily, use Fei Zi Dian Dao Shui.
Method of Application	Apply in the evening or at night, and rinse off in the morning. Night time use is generally preferred because of its yellow color.
Extended Functions	Use for all types and stages of acne, pustular rosacea and bacterial folliculitis, break out skin, multiple blackheads & whiteheads (open & closed comedones).
Combinations	In daytime - For acne use with Fei Zi Shui or Ji Xue Cao Shui Gao. For pustular rosacea use together with Jiu Zha Ding followed by Jiu Zha Shui Gao.
Warnings	May contain traces of nuts or seeds. This product natural colorings may stain. Suitable for vegans. This product is Halal.
Size	15ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3540">https://www.kamwo.com/escript/product-info.php?id=3540</a>



# E Zhu Gao

PSO-6, Softening Ointment #2



Actions	Formulated from herbal ingredients known to clear blood heat, invigorate blood and break up stasis.
Method of Application	Apply 2-3 times in a 24-hour period. To enhance absorption of the ointment and protect the bedsheets at night, once applied occlude the area with Cling Film (Saran Wrap) or similar. If by occluding the skin becomes irritated discontinue occlusion and only apply the ointment.
Extended Functions	Most suitable for all types of psoriasis at the edges of the scalp, face and any areas that are exposed (dorsum of hands or palms) as this ointment is colorless. Also suitable for blood stasis patterns of psoriasis and psoriasis around of the nails (especially onycholysis).
Combinations	Can used with Bai Bi Gao and Bai Bi Shui Gao.
Warnings	If skin becomes irritated with occlusion discontinue use. Do not use in erythrodermic or highly unstable psoriasis. This product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. This product natural colorings may stain. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3895">https://www.kamwo.com/escript/product-info.php?id=3895</a>

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## Fei Zi Dian Dao Shui

ACN-4, Pure & Clear Night Gel



Actions	Formulated from herbal ingredients known to clear heat and resolve toxin. This gel is best used at night to reduce acne breakouts in oily skin.
Method of Application	Apply at night to affected area. (best used at night because of color).
Extended Functions	This product is better for oily skin. For combination skin, with multiple blackheads & whiteheads (open & closed comedones) use Dian Dao Shui Gao.
Combinations	For best results - For acne, apply Fei Zi Shui or Ji Xue Cao Shui Gao during the day and Fei Zi Dian Dao Shui at night. For pustular rosacea use Jiu Zha Ding followed by Jiu Zha Shui Gao in the day.
Warnings	May contain traces of nuts and seeds. This product's natural coloring may stain. Suitable for vegans. This product is Halal.
Size	15ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3901">https://www.kamwo.com/escript/product-info.php?id=3901</a>

## Fei Zi Shui

ACN-2, Pure & Clear Gel



Actions	Formulated from herbal ingredients known to clear heat and resolve toxin. Reduces and soothes papules & pustules and clears blemishes.
Method of Application	Apply 3-5 times per day. For best results, at night apply Dian Dao Shui Gao or Fei Zi Dian Dao Shui.
Extended Functions	Use for all types and stages of acne, pustular rosacea, folliculitis, pustules, papules, and skin breakouts. Can use interchangeably with Ji Xue Cao Shui Gao.
Combinations	At night apply Dian Dao Shui Gao.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	15ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3561">https://www.kamwo.com/escript/product-info.php?id=3561</a>

# Feng Xian Hua Gao

T-4, Ointment #2



Actions	Formulated from herbal ingredients known to clear fungal infection of the nail.
Method of Application	First soak the affected nails in Cu Pao Fang for 15-20 minutes. This will not only soften the nail but impregnate the surrounding area with its antifungal properties. Once soaked, with care pare back as much of the affected nail as possible with sharp scissors. Apply Feng Xian Hua Gao to the nail and then occlude with an airtight dressing. Leave on for 24 hours, then repeat the whole process. Continue with this procedure until the nail fungus clears.
Extended Functions	For fungal infection of the finger and toe nails.
Combinations	Cu Pao Fang. See Method of Application above.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. This product's natural coloring may stain. Suitable for vegans. This product is Halal.
Size	30ml
Available From	



# Gan Cao Shui Gao

DRY-3, Licorice Cream



Actions	Formulated from herbal ingredients, this strong emollient cream is most suitable for moistening and nourishing very dry, parched skin with no inflammation (if there is inflammation use Zi Cao Dan Pi Shui Gao).
Method of Application	Apply 2-5 times a day as needed.
Extended Functions	Use as an emollient/moisturiser in all types of dry skin such as ichthyosis vulgaris, keratosis pilaris, none inflamed asteatotic eczema etc.
Combinations	Use with eczema ointments & creams as an emollient instead of Zi Cao Shui Gao in cases where there is little inflammation.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3581">https://www.kamwo.com/escript/product-info.php?id=3581</a>



## Hei Bu Yao Gao

SCR-2, Black Cloth Paste



Actions	Formulated from ingredients known to invigorate blood, break up stasis, soften hardness, resolve toxin & clear heat.
Method of Application	Apply once every 24 hours. Wash off with water before second application. This is a thick, tarry ointment that needs to be kept in a glass jar. If the ointment is hard (wintertime), the glass jar should be placed in a hot water bath for a short while to make it less viscous so that it can be applied easily. Once it dries it forms a black skin that can be easily washed off with water after 24 hours.
Extended Functions	Use for all type of scarring, especially inflamed keloid scars, deep rooted sores, abscess, carbuncles, furuncles, folliculitis, folliculitis decalvans, mastitis etc.
Combinations	Depending on condition sometimes it's useful to use a compress first before applying Hei Bu Yao Gao (for example when treating mastitis).
Warnings	If the skin becomes red and irritated discontinue use.
Size	30ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3729">https://www.kamwo.com/escript/product-info.php?id=3729</a>

## Hong Hua Huo Xue You

WV-1, Red Flower & Horse Chestnut Oil



Actions	Formulated from herbal ingredients that improve microcirculation, invigorate blood, and dispel stasis to help alleviate pain and soreness of varicose veins and venus flare.
Method of Application	Rub into affected area 2-5 times a day.
Warnings	Do not use on broken skin. Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	100ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3903">https://www.kamwo.com/escript/product-info.php?id=3903</a>



# Hong Hua You

MUSC-1, Red Flower Trauma Oil



Actions	Formulated from herbal ingredients that improve microcirculation, invigorate blood, and dispel stasis. Use for all muscle & tendon trauma.
Method of Application	Rub into affected area 2-5 times a day.
Warnings	Do not use on broken skin. Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	100ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3904">https://www.kamwo.com/escript/product-info.php?id=3904</a>

# Hu Zhang Shui

ECZ-3, Soothing Eczema Treatment



Actions	Formulated from herbal ingredients known to clear heat, alleviate itching and moisten dryness.
Method of Application	Apply 3-5 times a day. Easy to apply to large areas as it's a lotion.
Extended Functions	Use for hot blood skin disorders manifesting as red, dry, hot, diffuse lesions with profuse scaling and disorders where severe itching is part of the picture (e.g. urticaria, lichen planus, pityriasis rosea, heat rash, lichen simplex, sub-acute prurigo, prurigo nodularis etc). Most effective for use on larger areas which are difficult to cover with an ointment or cream.
Combinations	When absorbed, apply Zi Cao Shui Gao or Zi Cao Dan Pi Shui Gao to moisten skin.
Warnings	This product's natural coloring may stain. May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	200ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3569">https://www.kamwo.com/escript/product-info.php?id=3569</a>

# Hua Jiao Ding

LICHEN P-I, Calming Tincture #2



Actions	Formulated from herbal ingredients known to clear heat and alleviate itching and pain.
Method of Application	Use a finger or a cotton bud to apply 3-5 times a day or when itching of the skin occurs.
Extended Functions	Use for lichen planus, and morphea of the skin.
Combinations	First apply Hua Jiao Ding. Once absorbed apply Huang Lian Gao, or Zi Cao Shui Gao.
Warnings	May contain traces of nuts or seeds. Suitable for vegans.
Size	100ml
Available From	<a href="https://www.kamwo.com/escrypt/product-info.php?id=3576">https://www.kamwo.com/escrypt/product-info.php?id=3576</a>

# Huang Lian Di

EAR-I, Ear Drops



Actions	Formulated from herbal ingredients known to clear heat and resolve toxin. Use for bacterial or fungal infections, ear discharges, eczema & psoriasis of the ear canal (otitis externa & otitis media).
Method of Application	2-3 drops in affected ear twice to three times per day.
Warnings	May contain traces of nuts or seeds. Do not exceed recommended daily dose. Suitable for vegans. This product is Halal.
Size	5ml
Available From	<a href="https://www.kamwo.com/escrypt/product-info.php?id=3916">https://www.kamwo.com/escrypt/product-info.php?id=3916</a>

# Huang Lian Gao

Soothing Ointment No.2



Actions	Formulated from herbal ingredients known to clear heat, moisten dryness and alleviate itching. Use for hot blood eczema.
Method of Application	Apply 3-5 times a day.
Extended Functions	Use for hot blood eczema manifesting as dry, red, diffuse, ill-defined eczema with profuse scaling and severe itching. If the condition does not improve, use Shi Zhen Shui Gao or Ma Chi Xian Shui Gao instead (although topicals may have similar indications, patients vary in their response and may find better results with a different ointment or cream in the range).
Combinations	Can be used for a wide range of inflammatory conditions such as lichen simplex, lichen planus, lichen sclerosis etc. When absorbed, apply Zi Cao Shui Gao or Zi Cao Dan Pi Shui Gao to moisten and nourish the skin.
Warnings	This product's natural coloring may stain. May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	30ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3568">https://www.kamwo.com/escript/product-info.php?id=3568</a>

# Huang Lian Shuan Ji

INT-I, IBD-Suppositories



Actions	Formulated from herbal ingredients known to clear damp heat, resolve toxin, alleviate pain and stop bleeding.
Method of Application	Insert one suppository 1-2 times a day into the rectum (am & pm after bowel movement).
Extended Functions	Used for ulcerative colitis, proctitis, colonic Crohn's disease, anal fissures and hemorrhoids.
Warnings	May contain traces of nuts and seeds. Suitable for vegans. This product is Halal.
Size	Box of 10
Available From	Only available from Avicenna Centre of Chinese Medicine on special order. Contact <a href="mailto:Reception@avicenna.co.uk">Reception@avicenna.co.uk</a>

# Huang Lian Shui

ECZ-9, Skin Healing Gel



Actions	This gel is formulated from herbal ingredients to clear heat and resolve toxic fire. It's suitable for impetigo, infected eczema (Infantile, childhood or adult forms) and widespread folliculitis. Most useful when large areas are affected that are difficult to cover with an ointment or cream. It dries quickly and leaves a yellow residue, but can be very effective at healing the skin, alleviating itch and dealing with chronic perisitant infection in atopic eczema.
Method of Application	Apply 2-5 times a day.
Extended Functions	Can also be used for lichen planus.
Combinations	Used in combination with other creams and ointments for Damp Heat eczema such as Shi Zhen Gao, Ma Chi Xian Shui Gao.
Warnings	This product's natural coloring may stain. May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	200ml
Available From	<a href="https://www.kamwo.com/escrypt/product-info.php?id=3905">https://www.kamwo.com/escrypt/product-info.php?id=3905</a>



## Ji Xue Cao Gao

ACN-6, Pure & Clear Cream



Actions	Formulated from herbal ingredients known to clear heat, resolve toxicity, invigorate blood, dispel blemishes and reduce swelling.
Method of Application	Apply 2-5 times a day to affected area.
Extended Functions	This light formulation is powerful & effective for all types of acne (multiple blackheads & whiteheads <open & closed comedones>, papular, pustular & nodular). Due to its reliable anti-inflammatory effect, it has beneficial effects in treating hot blood patterns of eczema as well as rosacea, and peri-oral dermatitis. Since it is colorless, it's particularly suitable for lesions on the face and neck.
Combinations	Depending on its primary use, It can be coupled with all other acne, rosacea, peri-oral dermatitis and eczema products - e.g. Dian Dao Shui Gao, Fei Zi Dian Dao Shui, Fei Zi Shui, Xiao Cuo Mian Mo Face Mask for acne; , Wu Shi Gao, Zi Cao Shui Gao for peri-oral dermatitis etc.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	30ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3758">https://www.kamwo.com/escript/product-info.php?id=3758</a>

## Jin Yin Hua Wash

Honeysuckle Cleansing Face Wash



Actions	Formulated from herbal ingredients known to clear heat, resolve toxicity, invigorate blood, and harmonise the skin. Use as a daily face wash for breakout prone skin with multiple blackheads & whiteheads (open & closed comedones).
Method of Application	Shake well before use. Massage directly onto wet skin then rinse. Use instead of soap before application of any other products.
Extended Functions	Used regularly it will have the effect of balancing the skin and reduce inflamed papules and pustules (can be used together with all other acne products). Can be effectively employed instead of soap for all sensitive skin such as rosacea, peri-oral dermatitis, eczema, folliculitis etc.
Combinations	Depending on its primary use, It can be coupled with all other acne, rosacea, peri-oral dermatitis and eczema products - e.g. Dian Dao Shui Gao, Fei Zi Dian Dao Shui, Fei Zi Shui, Xiao Cuo Mian Mo Face Mask for acne; with Wu Shi Gao, Zi Cao Shui Gao for peri-oral dermatitis; with Jiu Zha Shui Gao for rosacea etc.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	200ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3541">https://www.kamwo.com/escript/product-info.php?id=3541</a>

# Jiu Zha Ding

ROSA-1, Balancing Tincture



Actions	Formulated from herbal ingredients known to clear heat and invigorate blood.
Method of Application	Apply 2-3 times a day.
Extended Functions	Use for all types of rosacea. Particularly effective for use on papules, telangiectasia and erythema.
Combinations	First apply Jiu Zha Ding. When absorbed apply Jiu Zha Shui Gao. For pustular rosacea apply Jiu Zha Ding. Once absorbed rub in Dian Dao Shui Gao at night, and Jiu Zha Shui Gao during day.
Warnings	May contain traces of nuts and seeds. Suitable for vegans.
Size	100ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3542">https://www.kamwo.com/escript/product-info.php?id=3542</a>

# Jiu Zha Shui Gao

ROSA-2, Balancing Cream



Actions	Formulated from herbal ingredients known to clear heat, supplement dryness and invigorate blood.
Method of Application	Apply 2-5 times a day.
Extended Functions	Use for all types of rosacea. Particularly effective for use on papules, telangiectasia and erythema. Red, uneven skin sun damaged skin.
Combinations	First apply Jiu Zha Ding; when absorbed apply Jiu Zha Shui Gao. For pustular rosacea first apply Jiu Zha Ding, when dry apply Dian Dao Shui Gao (best done at night due to colour).
Warnings	May contain traces of nuts and seeds. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3543">https://www.kamwo.com/escript/product-info.php?id=3543</a>



# Ma Chi Xian Shui Gao

ECZ-10, Soothing Cream #2



Actions	Formulated from herbal ingredients known to clear heat, dry dampness and alleviate itching.
Method of Application	Apply 2-5 times a day.
Extended Functions	Use for all types of eczema (hot blood, damp heat, toxic heat, dry blood). Can also be used for rosacea & perioral dermatitis.
Combinations	Gentle yet powerful for all types of eczema and dermatitis. Since it's colorless it's often used for inflammation of exposed areas such as the face & neck. Can be used in combination with the emollients Zi Cao Shui Gao or Zi Cao Dan Pi Shui Gao. Use together with TSW Lotion (ECZ-12, TSW Lotion) for steroid damaged skin.
Warnings	Allergy warning: this product contains sesame seed oil. Suitable for vegans. This product is Halal.
Size	30ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3906">https://www.kamwo.com/escript/product-info.php?id=3906</a>



## Qing Dai San

IMPTGO-3, Indigo Powder



Actions	Formulated from herbal ingredients known to dry damp, clear heat and resolve toxin.
Method of Application	Either sprinkle lightly on eroded or slightly weepy eczema or mix with any suitable oil such as sesame oil and apply to crusted eczema. Apply 2-3 times per day.
Extended Functions	Use for damp heat with toxin impetigo and eczema manifesting as acute and sub-acute eczema and dermatitis characterised by weeping, erosion, swelling, heat, pain and itching.
Combinations	Often used with Shi Zhen Gao when the skin is eroded and crusted. When skin dries out use with Zi Cao Shui Gao.
Warnings	May contain traces of nuts and seeds. Suitable for vegans. This product is Halal.
Size	5g
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3570">https://www.kamwo.com/escript/product-info.php?id=3570</a>

## Qing Feng San

ECZ-5, Green Wind Powder



Actions	Formulated from herbal ingredients known to dry damp, clear heat and resolve toxin.
Method of Application	Either sprinkle lightly on eroded or slightly weepy eczema, or mix with a suitable oil such as sesame oil and apply to crusted eczema. Apply 2-3 times a day.
Extended Functions	Similar action to Qing Dai San. Use for damp heat with toxin eczema manifesting as acute and sub-acute inflammatory eczema and dermatitis characterised by weeping, erosion, swelling, heat, pain and itching.
Combinations	Often used with Shi Zhen Gao when the skin is eroded and crusted. When skin dries out use with Zi Cao Shui Gao.
Warnings	May contain traces of nuts and seeds. Suitable for vegans. This product is Halal.
Size	5g
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3564">https://www.kamwo.com/escript/product-info.php?id=3564</a>



## Qu Ba You

SCR-I, Scar Oil



Actions	Formulated from herbal ingredients known to invigorate blood, dispel stasis and soften scars. Use this oil to help reduce scarring. For best results apply in early stages of scar formation when inflammation is still present.
Method of Application	Apply 2-5 times a day to affected area, and rub in.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	100ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3907">https://www.kamwo.com/escript/product-info.php?id=3907</a>

## Qu Ban Ding

CHLO-I, Skin Brightening Tincture



Actions	Formulated from herbal ingredients known to invigorate and activate qi & blood, enhance microcirculation, and reduce many forms of hyperpigmentation of the skin. Particularly use for all cases of melasma/chloasma. Effective to brighten the skin and clear all forms of blemishes and post inflammatory hyperpigmentation.
Method of Application	Apply 2-3 times a day to affected area.
Combinations	For best results after application with finger or cotton bud, once dry, rub in the cream Qu Ban Shui Gao. During the day, depending on origin of hyperpigmentation apply this tincture before using Rose Otto Rejuvenating Face Cream, or Sha Ji Shui Gao (for general hyperpigmentation or chloasma/melasma); or Ji Xue Cao Shui Gao (for post inflammatory pigmentation from acne, peri-oral dermatitis or rosacea). For even better results, also use Qu Ban Mian Mo face mask three times a week.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	100ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3908">https://www.kamwo.com/escript/product-info.php?id=3908</a>

## Qu Ban Mian Mo

CHLO-3, Skin Brightening Mask



Actions	Formulated from herbal ingredients known to invigorate and activate qi & blood, enhance microcirculation, and reduce abnormal pigmentation. This mask can be used for all cases of hyperpigmentation from melasma/chloasma, or post inflammatory pigmentation from conditions such as acne, peri-oral dermatitis, rosacea etc. to brighten the skin and clear blemishes.
Method of Application	Apply a thin layer to clean skin, avoiding the eye area, and leave on for 15 minutes before washing off with Jin Yin Hua Wash. Use once a day or every other day.
Extended Functions	For best results use in combination with the tincture and cream (Qu Ban Ding & Qu Ban Shui Gao). See under those headings for further information.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3544">https://www.kamwo.com/escript/product-info.php?id=3544</a>

## Qu Ban Shui Gao

CHLO-2, Skin Brightening Cream



Actions	Formulated from herbal ingredients known to invigorate and activate qi & blood, enhance microcirculation, and reduce abnormal pigmentation. Use for all cases of hyperpigmentation from melasma/chloasma to brighten the skin and clear blemishes.
Method of Application	This cream is best applied at night due to a thin layer of residue left on the skin.
Combinations	For best results first apply Qu Ban Ding, once dry rub in this cream. During the day, depending on origin of hyperpigmentation use Rose Otto Rejuvenating Face Cream, or Sha Ji Shui Gao (for general hyperpigmentation or chloasma/melasma); or Ji Xue Cao Shui Gao (for post inflammatory pigmentation from acne, peri-oral dermatitis or rosacea). For even better results, also use Qu Ban Mian Mo face mask every other day.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3909">https://www.kamwo.com/escript/product-info.php?id=3909</a>



## Re Dai Chuang Gao

HZ-I, Z-Ointment



Actions	Formulated from herbal ingredients known to cool blood, resolve toxic heat and alleviate pain.
Method of Application	Apply 2-5 times a day once blisters have cleared.
Extended Functions	Primarily used for active herpes zoster (shingles) as well as the pain associated with post-herpetic neuralgia. May also be used for herpes simplex.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3572">https://www.kamwo.com/escript/product-info.php?id=3572</a>

## Rejuvenating Face Cream

COS-I



Actions	Dermatology M's luxurious Rejuvenating Face Cream combines the best of Chinese herbal traditions with modern cosmetic science. Use daily to help improve the appearance of aging & mature skin, with a focus on energising, regenerating, and protecting. Made from carefully sourced active herbal ingredients and organic botanicals, to soften, moisten & nourish the skin and visibly improve the appearance of fine lines and wrinkles.
Method of Application	Apply on face and neck 2-3 times a day.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	30ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3545">https://www.kamwo.com/escript/product-info.php?id=3545</a>

## Rose Otto Rejuvenating Cream

COS-4



Actions	This cream used daily is excellent for mature skin. It features precious steam distilled rose otto essential oil (known for centuries for its skin rejuvenating properties) and Bakuchiol (Bu Gu Zhi extract) – the first natural and safe true alternative to retinol. This formula works against multiple signs of mature aging, skin, improves appearance of fine lines and wrinkles, deeply moisturises, nourishes, and clears blemishes and evens out skin tone. Skin appears smoother and more radiant with regular use.
Method of Application	Apply on face and neck 2-3 times a day.
Extended Functions	Bakuchiol extract (Bu Gu Zhi extract) is truly an alternative to Retinol without having any of the negatives associated with Retinol; Modulates retinoid-binding & metabolizing genes; Significantly improves multiple dermal & dermo-epidermal junction genes/proteins; Collagen I, III & IV stimulator; Provides hydration by up-regulating synthesis of hyaluronic acid & aquaporin 3. Significantly reduces roughness and dryness.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	30ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3780">https://www.kamwo.com/escript/product-info.php?id=3780</a>

## Rose Otto Hand Cream

COS-5



Actions	Light & quick-absorbing, our richly moisturising and heavenly-scented hand cream swiftly soothes and conditions dry and aging skin and mature skin leaving it bright, supple, and soft. Containing natural actives rich in antioxidants, fatty acids and anti-inflammatories. This luxurious everyday hand cream blends hemp seed, rosehip and lily bulb oils to intensely soothe, nourish and smooth; Vitamin E to help keep skin strong and protected, plus precious Rose Otto essential oil to leave hands beautifully fragrant. Enjoy every day for revitalised, velvet-soft hands, nails and cuticles.
Method of Application	Apply to hands as and when desired.
Extended Functions	A soothing, moisturising and softening 95% natural blend of active Chinese herbs and botanicals, including hemp seed, rosehip and Lily Bulb oils with antioxidant Vitamin E and organic Rose Otto Essential Oil.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3962">https://www.kamwo.com/escript/product-info.php?id=3962</a>

## Run Fa Jing You

DRY-5, Hair & Scalp Oil



Actions	Formulated from herbal ingredients known to alleviate itching, moisten and nourish dryness of the scalp and hair.
Method of Application	Depending on severity of condition apply once a day or once every several days. Once applied put on a shower cap and leave on over night. Wash in the morning with Shampoo-S.
Extended Functions	Use for treatment of dry, scaly and itchy scalp. Suitable for psoriasis, eczema, seborrheic dermatitis (dandruff), lichen planus of the scalp (lichen planopilaris) and alopecia areata.
Combinations	For psoriasis, first wash hair with Bai Bi Shampoo. For seborrheic dermatitis, first wash hair with Shampoo-S. For lichen planus, first apply Hua Jiao Ding or Ce Bai Ye Ding. For alopecia areata, first apply Ce Bai Ye Ding.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	100ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3535">https://www.kamwo.com/escript/product-info.php?id=3535</a>

## Run Ji Gao

DRY-6, Nourishing Ointment



Actions	Formulated from herbal ingredients traditionally used to clear heat, to moisten, nourish, and regenerate dry parched skin.
Method of Application	Apply 3-5 times a day.
Extended Functions	The highly effective combination of ingredients in this ointment was first discovered over a thousand years ago in the Tang Dynasty, and has stood the test of time, used throughout China until today to restore damaged skin.
Combinations	An ointment rather than a cream for dry red skin. For inflamed red skin first apply Shi Zhen Shui Gao or Huang Lian Gao. For all types of cheilitis use together with Zi Cao Run Chun Gao Moisturising Lip Balm or TSW Lotion.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3546">https://www.kamwo.com/escript/product-info.php?id=3546</a>

# Run Zu Shui Gao

DRY-4 Hand & Foot Cream



Actions	Formulated from herbal ingredients known to strongly nourish, moisten and protect dry skin of the palms and soles.
Method of Application	Apply 3-5 times a day..
Extended Functions	Use for moistening and nourishing cracked, fissured, and hyperkeratotic skin of the soles and palms. A strong emollient for palmar plantar hyperkeratotic eczema and psoriasis.
Combinations	In severe case of hyperkeratotic thickened skin & fissuring of the soles and palms, first apply Da Huang Gao or Bai Ji Gao. You (may occlude the area with Cling Film (Saran Wrap) or similar to enhance absorption).
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3547">https://www.kamwo.com/escript/product-info.php?id=3547</a>



## San Bai San

POM-I, Three Whites Powder



Actions	Formulated from ingredients known to clear and resolve toxic heat, dry dampness and alleviate itching.
Method of Application	Use 1-2 times a day. Empty contents of one sachet into a bowl (large enough to submerge hands or feet) and add sufficient boiling water and stir. Hold hands or feet over steam to alleviate itching. When the liquid has cooled, submerge hands or feet into mixture and soak for 10-15 minutes. Discard contents after use.
Extended Functions	Use for damp heat with toxin phase of pompholyx (dyshidrotic) eczema when the skin is blistering and very pruritic. Apply Run Ji Gao or Zi Cao Shui Gao afterwards once the skin is dry. Patients with pompholyx eczema should avoid soap and use Shu Min Mu Yu You Bath Oil (ECZ-4, Soothing Bath & Shower Oil) instead.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	15g
Available From	<a href="https://www.kamwo.com/escrypt/product-info.php?id=3563">https://www.kamwo.com/escrypt/product-info.php?id=3563</a>

## San Huang Ding

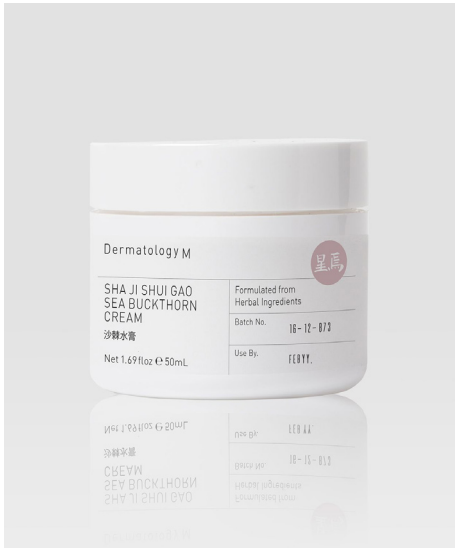
PV-I, S-Tincture



Actions	Formulated from ingredients known to clear heat, scatter wind, and dampness from the superficial layers of the skin. This tincture can be used for all yeast, fungal and bacterial infections of the skin, particularly pityriasis versicolor, as well as different forms of folliculitis (bacterial, dermatophyte, candida and malassezia <pityrosporum> folliculitis).
Method of Application	Apply twice a day and allow to dry naturally.
Extended Functions	Can also be used for fungal infection (Tinea) of the body and scalp.
Combinations	Can apply Ti Xuan Gao for dermatophyte, malassezia <pityrosporum> or candida folliculitis once the tincture has dried.
Warnings	May contain traces of nuts or seeds. Not suitable for babies under 4 months. Suitable for vegans.
Size	100ml
Available From	<a href="https://www.kamwo.com/escrypt/product-info.php?id=3548">https://www.kamwo.com/escrypt/product-info.php?id=3548</a>

# Sha Ji Shui Gao

DRY-7, Sea Buckthorn Cream



Actions	Formulated from herbal ingredients traditionally known to clear heat, moisten dryness and bolster skin. Packed full of vitamin C, rich in antioxidants, sea buckthorn helps regulate sebum production, moisturise & nourish the skin and even out blemishes.
Method of Application	Apply 3-5 times a day.
Extended Functions	Contains high concentration of organic sea buckthorn, renowned for its skin healing qualities which makes it ideal for use for radiation burns and sun damage.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escrpt/product-info.php?id=3549">https://www.kamwo.com/escrpt/product-info.php?id=3549</a>

# Shampoo-S

Dry-8, Shampoo



Actions	Formulated from ingredients known to clear heat, scatter wind, nourish skin and alleviate itching. Used for all cases of dry flaky skin, dandruff and seborrheic dermatitis of the scalp and ears.
Method of Application	Use to wash hair as you would your normal shampoo 2-3 times a week. Leave on for 5-10 minutes before washing out. Rinse well after use. You may use conditioner afterwards.
Extended Functions	Can be used for mild cases of scalp psoriasis (for more severe cases use Bai Bi Shampoo). Can be usefully used for all cases of sensitive, dry flaky scalp e.g. lichen planus (lichen planopilaris of scalp), frontal fibrosing alopecia, alopecia areata, bacterial folliculitis, folliculitis decalvans etc.
Combinations	In persistent or severe cases of dry scalp, apply Run Fa Jing You overnight after shampooing and drying hair. Can also be used as a wash for intertriginous seborrheic dermatitis (the groins, natal cleft and submammary areas). Apply Wu Shi Gao (SEB-1, Five Stone Ointment) after allowing skin to dry.
Warnings	May contain traces of nuts and seeds. Suitable for vegans. This product is Halal.
Size	200ml
Available From	



## She Chuang Zi Ding

LICHEN S-I, Calming Tincture



Actions	Formulated from herbal ingredients known to clear heat, scatter wind and alleviate itching.
Method of Application	Use a finger or a cotton bud to apply 3-5 times a day or when itching of the skin occurs. Do not use on sun exposed areas as product may act as a photo-sensitiser.
Extended Functions	Use for all types of itching in lichen simplex, sub-acute prurigo, prurigo nodularis, lichenified skin and a variety of other pruritic conditions such as lichen planus and dry lichenified eczema.
Combinations	As with all tinctures, it will have a drying effect on the skin, so it's best to prescribe it alongside an emollient such as Zi Cao Shui Gao, Zi Cao Dan Pi Shui Gao, or Gan Cao Shui Gao which should be applied to the skin once the tincture has dried.
Warnings	May contain traces of nuts or seeds. Avoid sun exposure when using as this product may act as a photo-sensitiser. Suitable for vegans.
Size	100ml
Available From	<a href="https://www.kamwo.com/escrpt/product-info.php?id=3571">https://www.kamwo.com/escrpt/product-info.php?id=3571</a>

## Shi Zhen Dan Pi Gao

ECZ-I I, Soothing Peony Cream



Actions	Formulated from herbal ingredients known to dry damp, clear heat, resolve toxin, alleviate itching and subdue allergic response. Use for damp heat eczema.
Method of Application	Apply 3-5 times a day.
Extended Functions	As for Shi Zhen Gao but has a stronger anti-inflammatory and anti-allergic action. Use for impetigo or damp heat eczema that manifests as well circumscribed, oedematous, eroded, slightly weeping or infected eczema, acute and sub-acute eczema, damp heat itchy eczema. Once weeping of the skin has ceased use Shi Zhen Shui Gao or Huang Lian Gao. Alternatively, mix Shi Zhen Dan Pi Gao with Zi Cao Shui Gao then apply.
Combinations	When absorbed, apply Zi Cao Shui Gao or Zi Cao Dan Pi Shui Gao to reduce drying effect.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	30ml
Available From	<a href="https://www.kamwo.com/escrpt/product-info.php?id=3966">https://www.kamwo.com/escrpt/product-info.php?id=3966</a>

## Shi Zhen Gao

ECZ-1, Soothing Ointment



Actions	Formulated from herbal ingredients known to dry damp, clear heat, resolve toxin and alleviate itching. Use for damp heat eczema.
Method of Application	Apply 3-5 times a day.
Extended Functions	Use for damp heat impetiginous (infected) eczema that manifests as well circumscribed, oedematous, eroded, slightly weeping, acute and sub-acute eczema, damp heat eczema and pruritic eczema. Once weeping of skin has ceased use Shi Zhen Shui Gao or Huang Lian Gao. Alternatively, mix Shi Zhen Gao with Zi Cao Shui Gao or Zi Cao Dan Pi Shui Gao then apply.
Combinations	When absorbed, apply Zi Cao Shui Gao or Zi Cao Dan Pi Shui Gao to reduce drying effect.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	30ml
Available From	<a href="https://www.kamwo.com/escrypt/product-info.php?id=3565">https://www.kamwo.com/escrypt/product-info.php?id=3565</a>

## Shi Zhen Shui Gao

ECZ-2, Soothing Cream



Actions	Formulated from herbal ingredients known to clear heat, moisten dryness and alleviate itching. Use for hot blood eczema.
Method of Application	Apply 3-5 times a day.
Extended Functions	Use for hot blood eczema manifesting as dry, red, diffuse, ill-defined eczema with profuse scaling and severe itching. If the condition does not improve, use Huang Lian Gao, Ma Chi Xian Shui Gao, or TSW Lotion instead (although topicals may have similar indications, patients vary in their response and may find better results with a different ointment or cream in the range).
Combinations	Once absorbed apply Zi Cao Shui Gao or Zi Cao Dan Pi Shui Gao.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escrypt/product-info.php?id=3566">https://www.kamwo.com/escrypt/product-info.php?id=3566</a>

# Shu Min Mu Yu You

ECZ-4, Soothing Bath & Shower Oil



Actions	Formulated from herbal ingredients known to nourish, supplement and balance the skin. A perfume free soap substitute that helps nurture the skin and promote a healthy cutaneous environment. It can be used in all skin types, but is particularly beneficial for sensitive and dry skin, effective for all ages including babies. All patients with dry skin or all forms of eczema should use this instead of soap.
Method of Application	Either add a squeeze to bathwater or use as you would soap, massaging directly onto wet skin before rinsing off.
Extended Functions	Dermatology M's soap substitute for very sensitive and dry skin. Add to the bathwater or use as a shower gel – soothes and softens skin leaving it velvety smooth.
Combinations	Use in all cases of damaged sensitive skin where soap is contraindicated.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3550">https://www.kamwo.com/escript/product-info.php?id=3550</a>



# Ti Xuan Ding

T-1, T-Tincture



Actions	Formulated from herbal ingredients that have been used for centuries in China to resolve fungal & yeast infections by drying dampness and clearing heat.
Method of Application	Apply 2-5 times a day.
Extended Functions	Use for all fungal & yeast infections (Tinea) of the scalp, body, limbs hands & feet.
Combinations	Allow to dry naturally, then apply Ti Xuan Gao.
Warnings	May contain traces of nuts or seeds. Suitable for vegans.
Size	100ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3577">https://www.kamwo.com/escript/product-info.php?id=3577</a>

# Ti Xuan Gao

T-2, T-Ointment



Actions	Formulated from herbal ingredients that have been used for centuries in China to resolve fungal & yeast infections by drying dampness and clearing heat.
Method of Application	Apply 3-5 times a day.
Extended Functions	Use for all fungal & yeast infections (Tinea) of the scalp, body, limbs hands & feet.
Combinations	Usually used in conjunction with Ti Xuan Ding. For fungal disease of the feet & hands, first soak affected area in Cu Pao Fang before applying Ti Xuan Gao.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	30ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3551">https://www.kamwo.com/escript/product-info.php?id=3551</a>

# TSW Lotion

ECZ-12, TSW Lotion



Actions	Dermatology-M's primary topical product to ameliorate steroid damage to the skin. Formulated from herbal ingredients that reduce inflammation, alleviate itch, bolster epidermal, dermal, and subcutaneous tissue, reduce post inflammatory hypo & hyper pigmentation, control pathological bacteria in reoccurring infection, all associated with chronic, excessive and repeated use of topical or systemic steroids.
Method of Application	Apply 2-5 times a day as needed.
Extended Functions	Use with all types of eczema where long term steroids use has damaged the skin & for weaning off steroids in TSW (Topical Steroid Withdrawal) skin, lichenified skin, persistent eczema as well as all types inflammatory skin conditions where steroids have been used (e.g. lichen planus, lichen sclerosis, lichen simplex etc.).
Combinations	For eczema use together with ointments & creams such as Ma Chi Xian Shui Gao as well as emollient such as Zi Cao Shui Gao and Zi Cao Dan Pi Shui Gao. For psoriasis use together with ointments & creams such as Bai Bi Gao, Bai Bi Shui Gao etc.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=4001">https://www.kamwo.com/escript/product-info.php?id=4001</a>



# Ultra Moisturising Body Lotion

COS-2

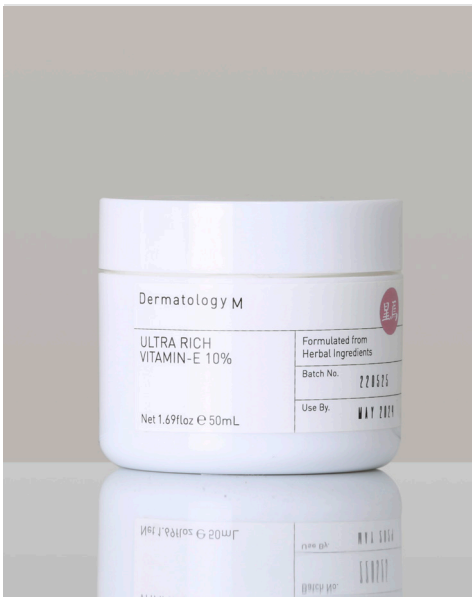


Actions	Dermatology M's Ultra Moisturising Body Lotion combining the best of Chinese herbal traditions with modern cosmetic science. Use daily to help improve the appearance of aging & mature skin, with a focus on energising, regenerating, and protecting. Made from carefully sourced active herbal ingredients and organic botanicals, to soften, moisten and nourish the skin.
Method of Application	Apply 2-3 times a day.
Extended Functions	Used on the body for all skin types. Formulated from herbal ingredients known to soften, nourish, moisturise and balance skin.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	200ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3552">https://www.kamwo.com/escript/product-info.php?id=3552</a>



# Vitamin E

DRY-2, Ultra Rich Vitamin E



Actions	Formulated from herbal ingredients known to moisturise and soothe dry and sensitive skin. Contains high concentration of vitamin E.
Method of Application	Apply as needed.
Extended Functions	Use as an emollient for dry, parched and under nourished skin, occasionally prescribed when skin is sensitive to other more complex emollients such as Zi Cao Shui Gao. This simple, pure cream contains a high concentration of Vitamin-E and can be used as a daily effective face and neck cream.
Warnings	May contain traces of nuts or seeds. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3553">https://www.kamwo.com/escript/product-info.php?id=3553</a>



## Wu Mei Ding

V-1, Plum Tincture



Actions	Formulated from herbal ingredients known to invigorate blood and help restore pigment.
Method of Application	Apply 2-3 times a day to vitiliginous area lesions.
Extended Functions	Use for all types of vitiligo. Unlike Bu Gu Zhi Ding (V-2, Bu Gu Zhi Tincture) it does not need UV exposure to activate its action.
Warnings	May contain traces of nuts or seeds.
Size	100ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3578">https://www.kamwo.com/escript/product-info.php?id=3578</a>

## Wu Shi Gao

SEB-1, Five Stone Ointment



Actions	Formulated from herbal ingredients that are known to clear heat, scatter wind, supplement dryness and reduce itching.
Method of Application	Apply 3-5 times a day.
Extended Functions	Use for all types of seborrheic dermatitis (dry, hot or damp) as well as peri-oral dermatitis in any areas that are affected.
Combinations	Once absorbed apply Zi Cao Shui Gao, Zi Cao Dan Pi Shui Gao, or Run Ji Gao to moisten and nourish the skin.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	30ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3554">https://www.kamwo.com/escript/product-info.php?id=3554</a>





# Xiao Cuo Mian Mo

ACN-5, Cleanse & Clear Face Mask



Actions	Formulated from natural, herbal ingredients, this mask can help clear blackheads and whiteheads, reduce oiliness and mildly exfoliate skin.
Method of Application	Best used every other day or every two days. Apply to face, avoiding the area surrounding the eyes. Leave on for 15 minutes to one hour before washing off with Jin Yin Hua Wash.
Extended Functions	Use as a mask for acne. Helps clear blackheads & whiteheads and reduce oiliness of skin, inflamed papules and pustules.
Combinations	For acne prone skin. Use with all other acne products such as Dian Dao Shui Gao, Fei Zi Shui, Ji Xue Cao Shui Gao, Jin Yin Hua Wash etc.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. As this product contains fruit extract (mild acid) avoid using every day. Suitable for vegans. This product is Halal.
Size	50ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3555">https://www.kamwo.com/escript/product-info.php?id=3555</a>



## Ya Dan Zi You

W-1, Bruceae Seed Oil



Actions	Contains natural, active oils to aid removal of common warts, molluscum contagiosum, and verruca warts. Also has anti-fungal properties and so used for fungal infections of the nail.
Method of Application	Apply to common warts and verrucas then occlude with strong waterproof tape. Remove tape after 24 hours and wash off remaining oil, scrub off any loose skin, and reapply oil, repeating the process daily until the wart clears (usually 2-5 weeks). For molluscum contagiosum prick the largest lesion with a cocktail stick (Sharp wooden toothpick) soaked for a few minutes in Ya Dan Zi You oil.
Extended Functions	Use for treatment of common warts and verrucas as well as molluscum contagiosum
Warnings	Keep out of reach of children. Suitable for vegans. This product is Halal.
Size	5ml
Available From	<a href="https://www.kamwo.com/escript/product-info.php?id=3533">https://www.kamwo.com/escript/product-info.php?id=3533</a>

## Yu Xing Cao Gao

HS-1, H-Ointment



Actions	Formulated from herbal ingredients known to cool blood and resolve toxic heat.
Method of Application	Apply 3-5 times a day.
Extended Functions	Use in all stages of herpes simplex to speed up resolution.
Warnings	Allergy warning; this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	30ml
Available From	



## Zi Cao Dan Pi Shui

DRY-8, Nourishing Peony Cream



Actions	Use for effective moistening, nourishing, subduing inflammation and alleviating itch in all dry conditions of the skin particularly when accompanied by signs of blood heat (erythema of skin), as is often encountered in cases of eczema, psoriasis, lichen planus, lichen sclerosis, urticaria, prurigo nodularis, lichen simplex, lichenified skin etc.
Method of Application	Apply 3-5 times a day.
Extended Functions	This variation of Dermatology-M's number one emollient (Zi Cao Shui Gao) has the addition of high concentration extracts of tree peony root (Mu Dan Pi, Cortex Moutan) which has a well proven powerful anti-inflammatory and anti-allergic effect.
Combinations	Similar to Zi Cao Shui Gao (although better for when the skin is dry with much erythema), this cream can be used in many disorders where the skin is malnourished and dry to help supplement and nurture the skin, subdue inflammation, alleviate itching and restore the skin to a stable balanced state. When compared to Use with TSW Lotion (ECZ-12, TSW Lotion) for steroid damage to skin.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. A short-lived stinging sensation may follow application. Suitable for vegans. This product is Halal.
Size	50ml / 200ml
Available From	<a href="https://www.kamwo.com/escrpt/product-info.php?id=3912">https://www.kamwo.com/escrpt/product-info.php?id=3912</a>

## Zi Cao Run Chun Gao

LIPBALM- I, Moisturising Lip Balm



Actions	Formulated from herbal ingredients known to clear heat, moisten dryness and protect the skin.
Method of Application	Apply 3-5 times a day.
Extended Functions	Use for all types of dry, chapped, painful lips, exfoliative cheilitis and angular cheilitis/stomatitis.
Combinations	For angular cheilitis/stomatitis first apply Shi Zhen Gao or Wu Shi Gao, once absorbed apply this lip balm. Use with TSW Lotion (ECZ-12, TSW Lotion) for steroid damage to lips.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	5ml
Available From	<a href="https://www.kamwo.com/escrpt/product-info.php?id=3557">https://www.kamwo.com/escrpt/product-info.php?id=3557</a>

# Zi Cao Shui Gao

DRY-1, Nourishing Cream



Actions	Dermatology M's number one emollient. Formulated from herbal ingredients known to moisturise and soothe red sensitive skin and alleviate itching.
Method of Application	Apply 3-5 times a day.
Extended Functions	Use for effective moistening and nourishing of all dry conditions of skin such as eczema, psoriasis, lichen planus, lichen sclerosis, lichen simplex, xerosis, asteatotic eczema, gravitational (varicose) eczema, pompholyx eczema, ichthyosis, urticaria , lichenified skin etc. It supplements and nurtures the skin, subdues inflammation, alleviates itching and restores the skin to a stable balanced state.
Combinations	For hot blood eczema first apply a suitable topical such as Huang Lian Gao, Shi Zhen Shui Gao, Ma Chi Xian Shui Gao, etc. and once absorbed rub in Zi Cao Shui Gao, to moisten and hydrate the skin. For damp heat eczema use with Shi Zhen Gao once the skin has dried out. Use with TSW Lotion for steroid damage to skin.
Warnings	Allergy warning: this product contains sesame seed oil. Do not use if you suffer from nut or similar allergies. Suitable for vegans. This product is Halal.
Size	50ml / 200ml
Available From	50ml - <a href="https://www.kamwo.com/escript/product-info.php?id=3559">https://www.kamwo.com/escript/product-info.php?id=3559</a> 200ml - <a href="https://www.kamwo.com/escript/product-info.php?id=3579">https://www.kamwo.com/escript/product-info.php?id=3579</a>

# Outline of Topical Treatment for the Four Major Skin Conditions

## Acne

Avoid soap. Before each application wash with Jin Yin Hua Wash (ACN-1, Honeysuckle Cleansing Wash)

- Day & night use

**Ji Xue Cao Shui Gao (ACN-6, Pure & Clear Cream #2)**

**Xiao Cuo Mian Mo (ACN-5, Cleanse & Clear Face Mask)** especially if seborrhoea is pronounced.

- Night time use

**Dian Dao Shui Gao (ACN-3, Pure & Clear Cream)** For combination skin

**Fei Zi Dian Dao Shui (ACN-4, Pure & Clear Night Gel)** For very oily skin

- Day time use

**Ji Xue Cao Shui Gao (ACN-6, Pure & Clear Cream #2)**

**Fei Zi Shui (ACN-2, Pure & Clear Gel)**

- Daily Wash

**Jin Yin Hua Wash (ACN-1, Honeysuckle Cleansing Wash)** – Use as a wash before each application.

- For post-inflammatory hyperpigmentation

**Qu Ban Shui Gao (CHLO-2, Skin Brightening Cream)**

**Xiao Cuo Mian Mo (ACN-5, Cleanse & Clear Face Mask)**

## Eczema

Although many of the topicals for treating eczema may have similar indications, patients vary in their response and may find better results with a different ointment, cream or lotion in the range).

- Active Eczema

*Hot Blood* - (diffuse erythema with scaling and no or very little exudation and crusting)

**Shi Zhen Shui Gao (ECZ-2, Soothing Cream)**

**Ma Chi Xian Shui Gao (ECZ-10, Soothing Cream #2)** - Can be used for full spectrum of eczema (hot blood - damp heat).

**Ji Xue Cao Shui Gao (ACN-6, Pure & Clear Cream #2)** – Although mostly used for acne, it does have a good effect for hot blood eczema as well.

**Huang Lian Gao (ECZ-6, Soothing Ointment #2)**

**Hu Zhang Shui (ECZ-3, Soothing Gel)** – Best for large areas of eczema

**Huang Lian Shui (ECZ-9, Skin Healing Gel)** – Best for large areas of eczema, or for skin that is prone to low grade infection manifesting as folliculitis.

**TSW Lotion (ECZ-12, TSW Lotion)**

*Damp Heat* - (well defined oedematous lesions, with vesiculas, weeping, erosion, and crusting).

**Shi Zhen Gao (ECZ-1, Soothing Ointment)**

**Ma Chi Xian Shui Gao (ECZ-10, Soothing Cream #2)**

**Qing Feng San (ECZ-5, Green Wind Powder)** – Either sprinkle the powder directly onto eroded eczema or mix with a suitable oil and apply to area as a paste.

**Qing Dai San (IMPTGO-3, Indigo Powder)** – Either sprinkle the powder directly onto eroded eczema or mix with a suitable oil and apply to area as a paste.

**TSW Lotion (ECZ-12, TSW Lotion)**

- Emollient -

**Zi Cao Shui Gao (DRY-1, Nourishing Cream)**. Standard emollient for all eczema types.

**Zi Cao Dan Pi Shui Gao (DRY-8, Nourishing Peony Cream)**. As for Zi Cao Shui Gao but when inflammation is more pronounced (may sting when applied)

**Gan Cao Shui Gao (DRY-3, Licorice Cream)**

**Vitamin E (DRY-2, Ultra Rich Vitamin E 10%)**

**Zi Cao Run Chun Gao (LIPBALM-1, Moisturising Lip Balm)** – For fissured dry lips.

- Steroid damaged skin -

**TSW Lotion (ECZ-12, TSW Lotion)** - Use with all types of eczema where long term steroid use has damaged the skin & for weaning off steroids in TSW (Topical Steroid Withdrawal) skin, lichenified skin, persistent eczema etc. Use together with other eczema products as appropriate and with one of the major emollients **Zi Cao Shui Gao (DRY-1, Nourishing Cream)** or **Zi Cao Dan Pi Shui Gao (DRY-8, Nourishing Peony Cream)**.

- Soap Substitute & Bath Oil – With all skin conditions its best to avoid soap, but this is particularly so in cases of eczema.

**Shu Min Mu Yu You Bath Oil (ECZ-4, Soothing Bath & Shower Oil)**. Either add a squeeze to bathwater or use as you would soap, massaging directly onto wet skin before rinsing off.

- Infected eczema -

**Chuan Xin Lian Shui Gao (IMPTGO-2, Skin Calming Cream C)**

**Huang Lian Shui (ECZ-9, Skin Healing Gel)**

**Qing Feng San (ECZ-5, Green Wind Powder)** - Either sprinkle the powder directly onto eroded eczema or mix with a suitable oil and apply to area as a paste.

**Qing Dai San (IMPTGO-3, Indigo Powder)** - Either sprinkle the powder directly onto eroded eczema or mix with a suitable oil and apply to area as a paste.

- Dry fissured eczema of hands and fingers (Fingertip eczema) –

**Bai Ji Gao (ECZ-7, Hand Softening Ointment)**

**Da Huang Gao (ECZ-8, Healing Hand Ointment)**

**Run Zu Shui Gao (DRY-4, Hand & Foot Cream)**

- Pompholyx eczema (Dyshidrotic eczema) -

**San Bai San (POM-1, Three Whites Powder)**

## Psoriasis

**Bai Bi Gao (PSO-1, Softening Ointment)** - Use for all cases of plaque psoriasis, guttate psoriasis and pustular psoriasis.

Apply 1-2 times in a 24-hour period. One option to enhance absorption of the ointment and protect the bedsheets at night (dark blue in color), once applied occlude the area with Cling Film (Saran Wrap) or similar. If by occluding, the skin becomes irritated discontinue occlusion and only apply the ointment. Do not use in erythrodermic (where 90% of skin is covered in psoriasis) or in highly unstable psoriasis.

**Bai Bi Shui Gao (PSO-2, Softening Cream)** - Use for all cases of plaque psoriasis, guttate psoriasis and pustular psoriasis.

Typically applied during the day (no occlusion necessary) once the night application Bai Bi Gao (PSO-1, Softening Ointment) has been washed off.

**Bai Bi Shampoo (PSO-4)** - Use for all cases of plaque psoriasis of the scalp and around the ears. Can also be used for intertriginous or inverse psoriasis (face, genital, axilla, sub-mammary etc).

Wash hair instead of using other shampoos up to three times per week. Leave on for 5-10 minutes before washing out.

Rinse well after use. Normal conditioner can be used afterwards.

To increase efficacy **Bai Bi Gao (PSO-1, Softening Ointment)** or **Bai Bi Ding (PSO-3, Softening Tincture)** can be applied for

a few hours before washing hair.

If skin becomes excessively dry apply **Run Fa Jing You (DRY-5, Hair & Scalp Oil)** overnight after using the shampoo.

**E Zhu Gao (PSO-6, Softening Ointment #2)** - Most suitable for all types of psoriasis at the edges of the scalp, face and any areas that are exposed (dorsum of hands or palms) as this ointment is colorless. Also suitable for blood stasis patterns of psoriasis and psoriasis around of the nails (especially onycholysis).

**TSW Lotion (ECZ-12, TSW Lotion)** - Apply to first to the skin when steroids have been used previously or to help wean of topical steroid use. Once absorbed apply **Bai Bi Gao (PSO-1, Softening Ointment)**, **Bai Bi Shui Gao (PSO-2, Softening Cream)**, **E Zhu Gao (PSO-6, Softening Ointment #2)**, **Bai Bi Ding (PSO-3, Softening Tincture)**, **Bai Bi Shampoo (PSO-4, Softening Shampoo)**, or **Bai Bi Er Hao Shui Gao (PSO-5, Softening Cream #2)** as appropriate.

**Bai Bi Ding (PSO-3, Softening Tincture)** – Use finger or a cotton bud to apply. Use for all types of psoriasis, primarily of the scalp and face. Allow to be absorbed before using any other product. As with all tinctures, it will have a drying effect on the skin, so it's best to prescribe it along with an emollient such as **Bai Bi Er Hao Shui Gao (PSO-5, Softening Cream #2)** or **Zi Cao Shui Gao (DRY-1, Nourishing Cream)**, or when used on scalp, with **Run Fa Jing You (DRY-5, Hair & Scalp Oil)** which should be applied to the skin once the tincture has dried. Use where **Bai Bi Gao (PSO-1, Softening Ointment)** is cosmetically unacceptable because of the color or difficulty in applying because of body hair (usually followed by application of **E Zhu Gao (PSO-6, Softening Ointment #2)**).

## Rosacea

Avoid soap. Before each application wash with **Jin Yin Hua Wash (ACN-1, Honeysuckle Cleansing Wash)**

**Jiu Zha Ding (ROSA-1, Balancing Tincture)** - Apply to all types of rosacea. Once absorbed rub in

**Jiu Zha Shui Gao (ROSA-2, Balancing Cream)**.

For pustular rosacea at night apply - **Jiu Zha Ding (ROSA-1, Balancing Tincture)**, once absorbed rub in

**Dian Dao Shui Gao (ACN-3, Pure & Clear Cream)** (the only reason it's used at night is because of the yellow residue that it leaves). During the day use **Fei Zi Shui (ACN-2, Pure & Clear Gel)** and once absorbed rub in **Jiu Zha Shui Gao (ROSA-2, Balancing Cream)**.

# INDEX BY CONDITION

For more detailed instructions please consult the External Therapy Handbook

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